

# Polarity Overview



INITIAL PERSPECTIVES

	CONSCIOUSNESS / ENERGY	PRIMARY POLARITY	STILL POINT FULL & EMPTY	VIRTUES OF DOING / BECOMING
6.5	<b>WORLDS AWARE</b>	Witness Worlds (G, S, C)	<ul style="list-style-type: none"> <li>● still Mind</li> <li>○ no Mind</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> cosmic creation</li> <li><b>B</b> cosmic wonder</li> <li><b>S</b> sacred wisdom</li> </ul>
6.0	<b>KOSMIC AWARE</b>	kosmic space kosmic time	<ul style="list-style-type: none"> <li>● timeless - spaceless</li> <li>○ no Involution/evolution</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> cosmic love</li> <li><b>B</b> cosmic flow</li> <li><b>S</b> sacred compassion</li> </ul>
5.5	<b>PATTERN AWARE</b>	empty patterns pattern meaning	<ul style="list-style-type: none"> <li>● patternless</li> <li>○ no constructs</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> cosmic vision</li> <li><b>B</b> cosmic gestalt</li> <li><b>S</b> sacred manifestation</li> </ul>
5.0	<b>CONSTRUCT AWARE</b>	empty language language meaning	<ul style="list-style-type: none"> <li>● wordless</li> <li>○ no language</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> cosmic intuition</li> <li><b>B</b> cosmic presence</li> <li><b>S</b> sacred embrace</li> </ul>
4.5	<b>SYSTEMS AWARE</b>	integration systematizing	<ul style="list-style-type: none"> <li>● system-less</li> <li>○ no systems</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> harmonious</li> <li><b>B</b> integrated</li> <li><b>S</b> sacred integration</li> </ul>
4.0	<b>CONTEXT AWARE</b>	differentiation contextualization	<ul style="list-style-type: none"> <li>● context-less</li> <li>○ no contexts</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> inclusive</li> <li><b>B</b> sensitive</li> <li><b>S</b> sacred ecology</li> </ul>
3.5	<b>ACHIEVEMENT</b>	subjectification objectification	<ul style="list-style-type: none"> <li>● completion</li> <li>○ no achieving</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> patient</li> <li><b>B</b> calm</li> <li><b>E</b> effortless accomplishment</li> </ul>
3.0	<b>EXPERTISE</b>	assert knowledge yield to knowledge	<ul style="list-style-type: none"> <li>● quiet mind</li> <li>○ no knowledge</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> curious</li> <li><b>B</b> open minded</li> <li><b>S</b> sacred intuition</li> </ul>
2.5	<b>MEANING</b>	facilitate inquire	<ul style="list-style-type: none"> <li>● fulfilled</li> <li>○ no meaning</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> nonjudgmental</li> <li><b>B</b> inspired</li> <li><b>S</b> sacred unique purpose</li> </ul>
2.0	<b>DISCERNING AWARENESS</b>	alignment ( <i>obey</i> ) deviation ( <i>disobey</i> )	<ul style="list-style-type: none"> <li>● wholeness</li> <li>○ no distinction</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> forgiveness</li> <li><b>B</b> integrity</li> <li><b>S</b> sacred perfection</li> </ul>
1.5	<b>POWER</b>	control ( <i>strong</i> ) submission ( <i>weak</i> )	<ul style="list-style-type: none"> <li>● peace</li> <li>○ no power</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> gentleness</li> <li><b>B</b> humility</li> <li><b>S</b> sacred empowerment</li> </ul>
1.0	<b>RELATIONS (INTER &amp; INTRA)</b>	agency ( <i>me</i> ) communion ( <i>you</i> )	<ul style="list-style-type: none"> <li>● union</li> <li>○ no other</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> love</li> <li><b>B</b> hope</li> <li><b>S</b> sacred joy/sorrow</li> </ul>
0.5	<b>SEEKING</b>	desire ( <i>want</i> ) aversion ( <i>don't want</i> )	<ul style="list-style-type: none"> <li>● fullness</li> <li>○ no seeking</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> generosity</li> <li><b>B</b> gratitude</li> <li><b>S</b> sacred abundance</li> </ul>
0.0	<b>LIFE</b>	expansion ( <i>out</i> ) contraction ( <i>in</i> )	<ul style="list-style-type: none"> <li>● serenity</li> <li>○ death</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> vibrancy - life force</li> <li><b>B</b> acceptance</li> <li><b>S</b> sacred life</li> </ul>
	<b>MIND</b>	focus openess	<ul style="list-style-type: none"> <li>● full awareness</li> <li>○ empty awareness</li> </ul>	<ul style="list-style-type: none"> <li><b>D</b> presence</li> <li><b>B</b> beginners mind</li> <li><b>S</b> sacred light</li> </ul>