

# Creativity and Critical Reflection Handbook 7

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# Integral Transpersonal Thinking

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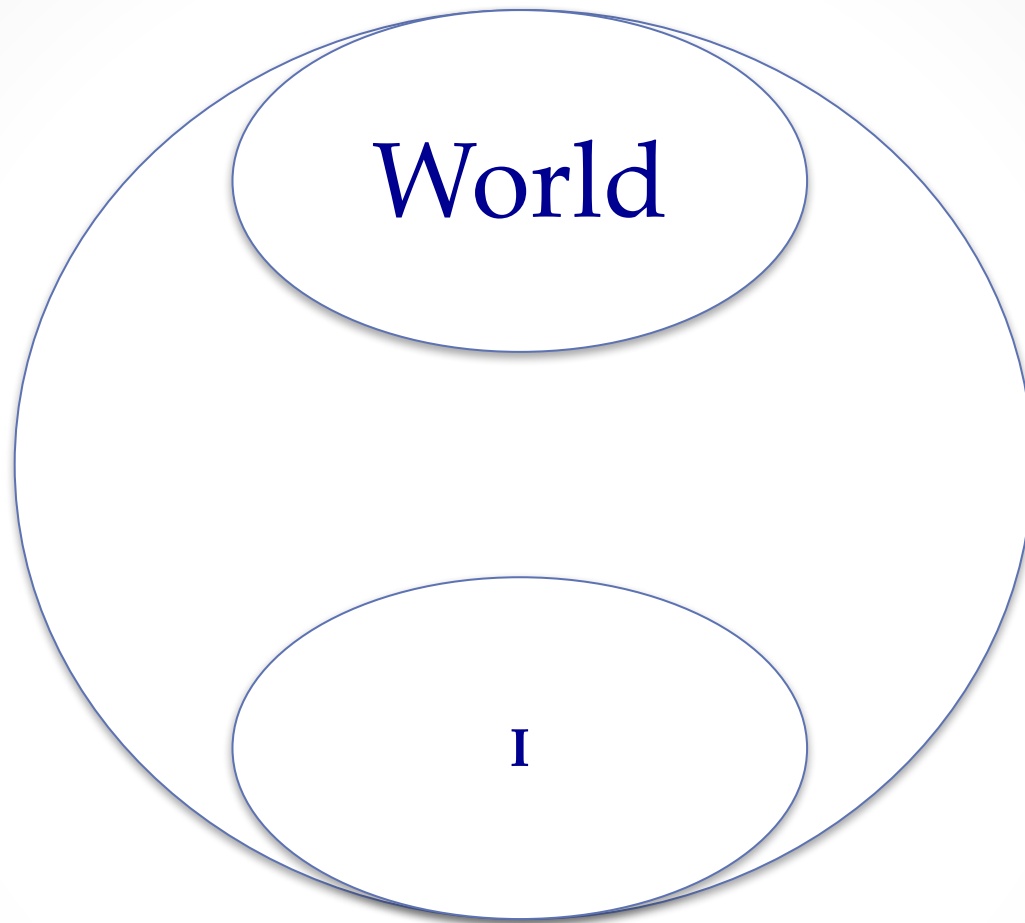
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# What is missing ?

- Thinking: creating patterns out of its surroundings, forming concepts about the observed process
- Wishful Thinking: is the idea that what people want to be true affects what they believe to be true
- Critical Thinking: thinking about one's thinking to make that thinking better
- Lateral thinking is concerned with restructuring patterns (insight) and provoking new ones (creativity)
- Intuitive Thinking: access to the higher states of consciousness to get a development in how we perceive.

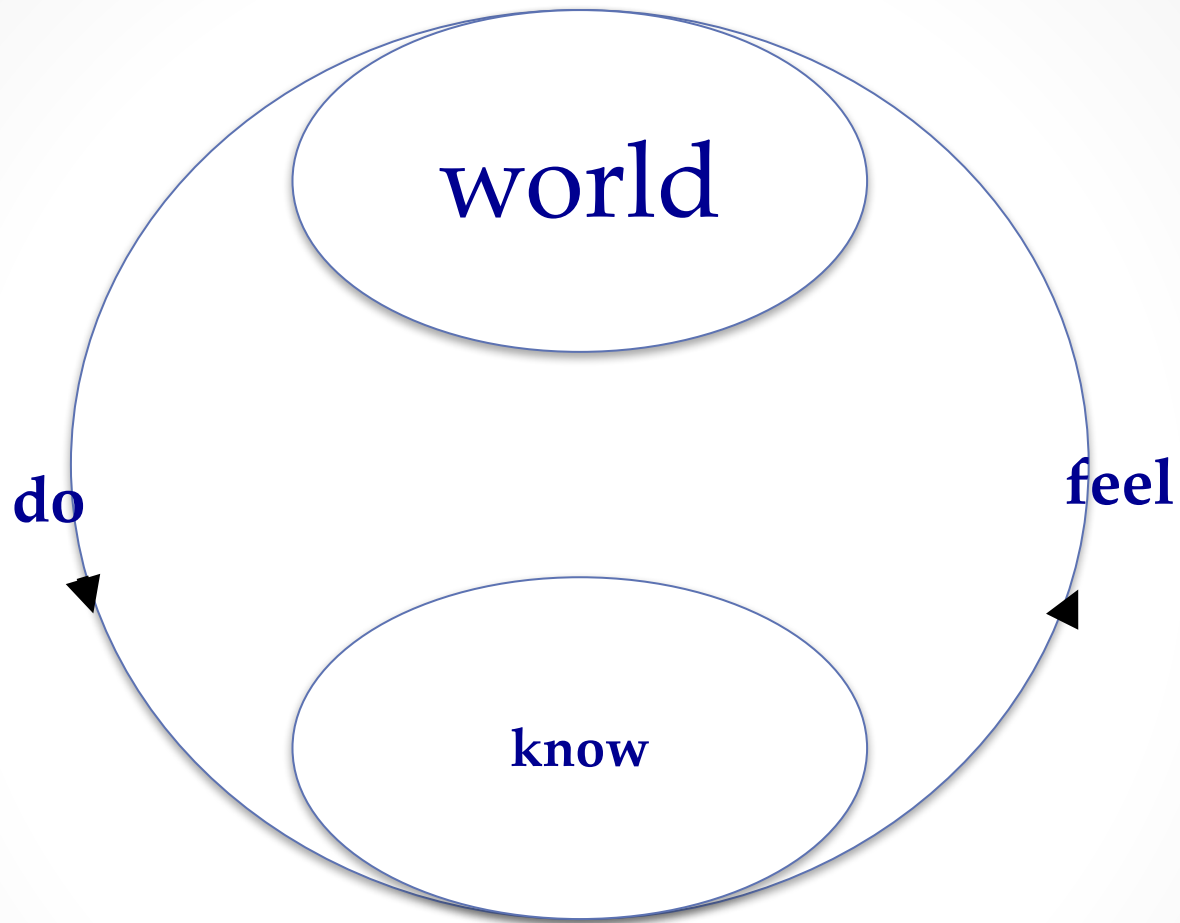
Which game are we playing?

A cartography of the game

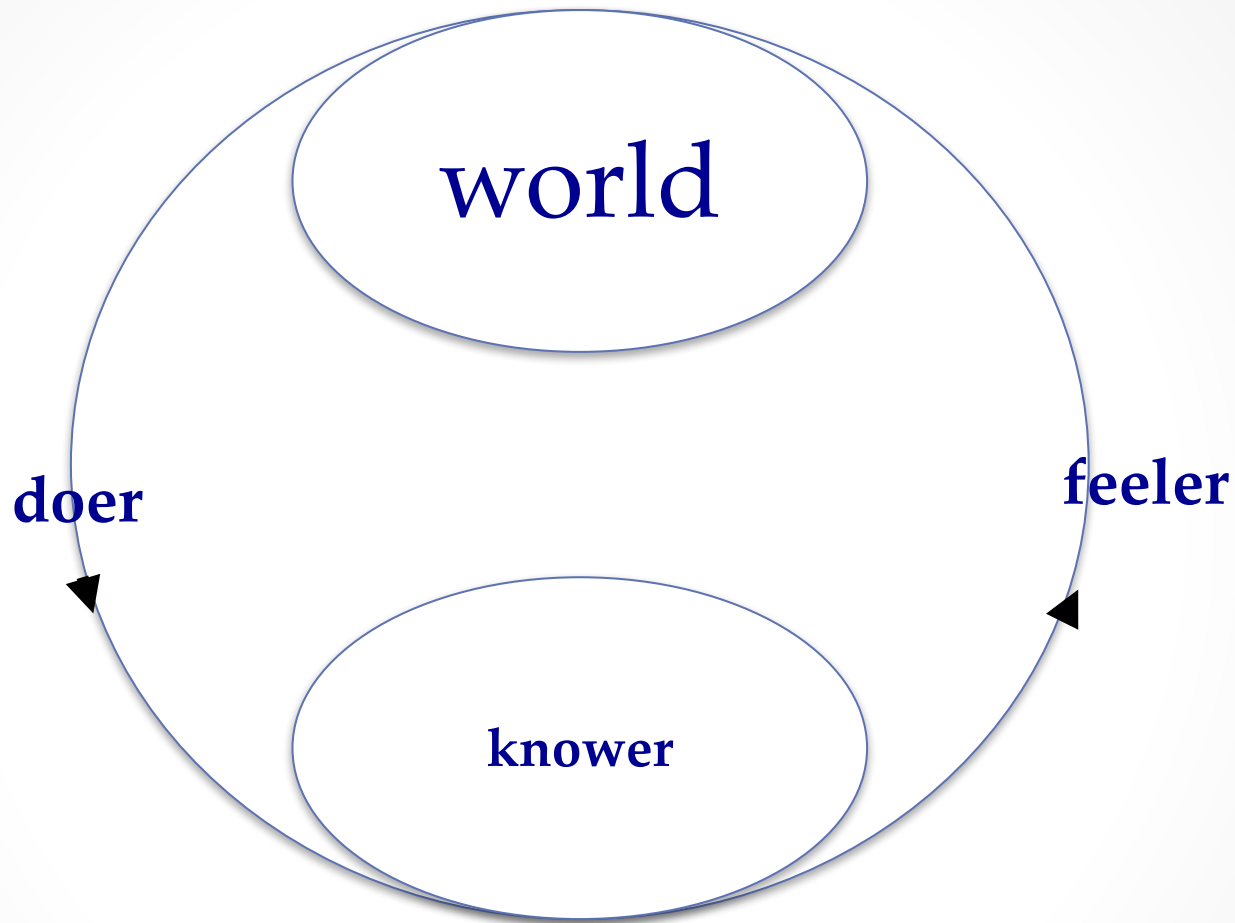


## First Attention experience

The universe appears to us as two opposites: *I* and *world*. R.Steiner



The game  
The circle of the experience

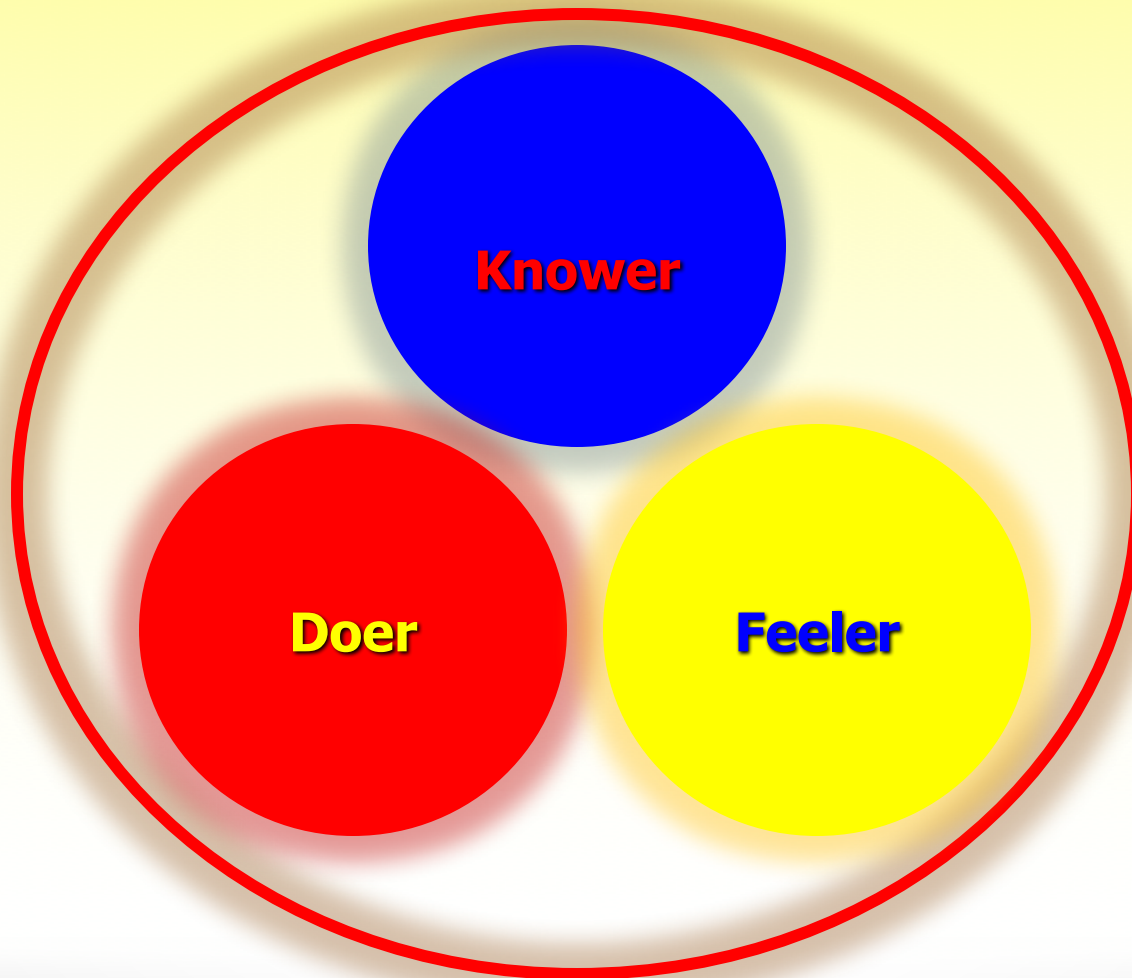


Playing the game  
The organismic triad

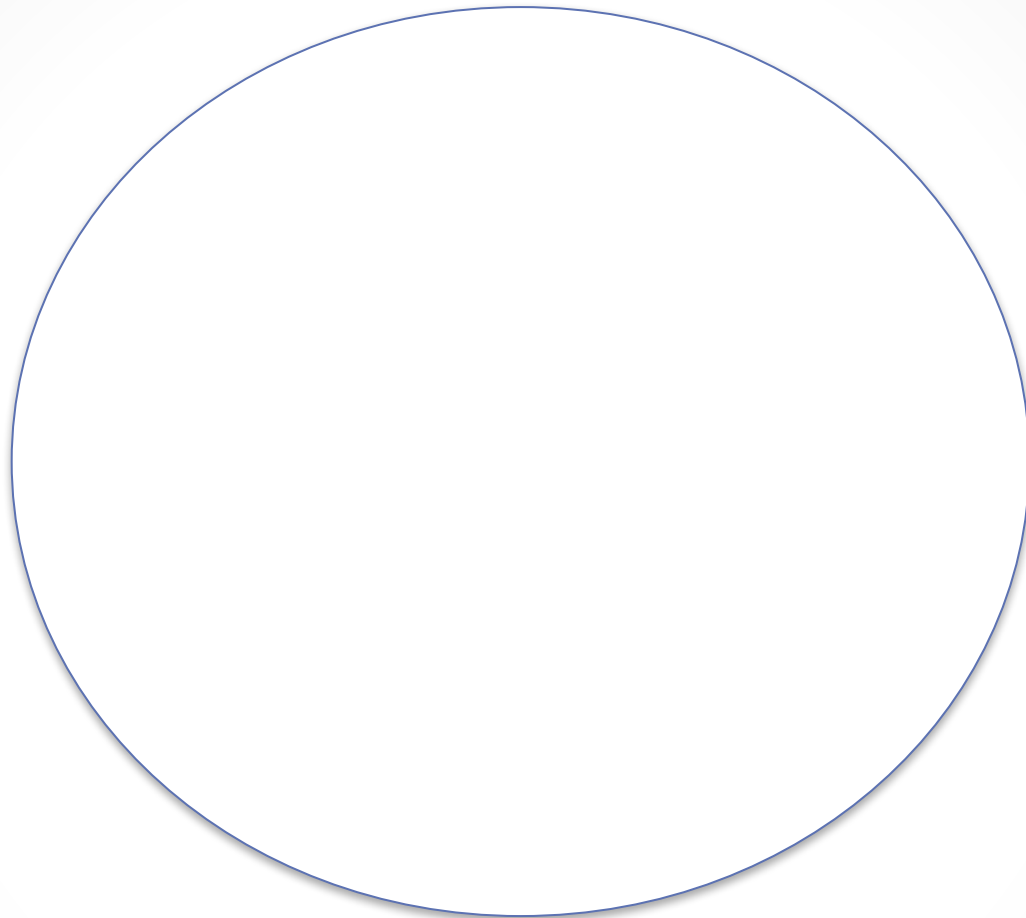
# Organismic Triad

the ternary unit

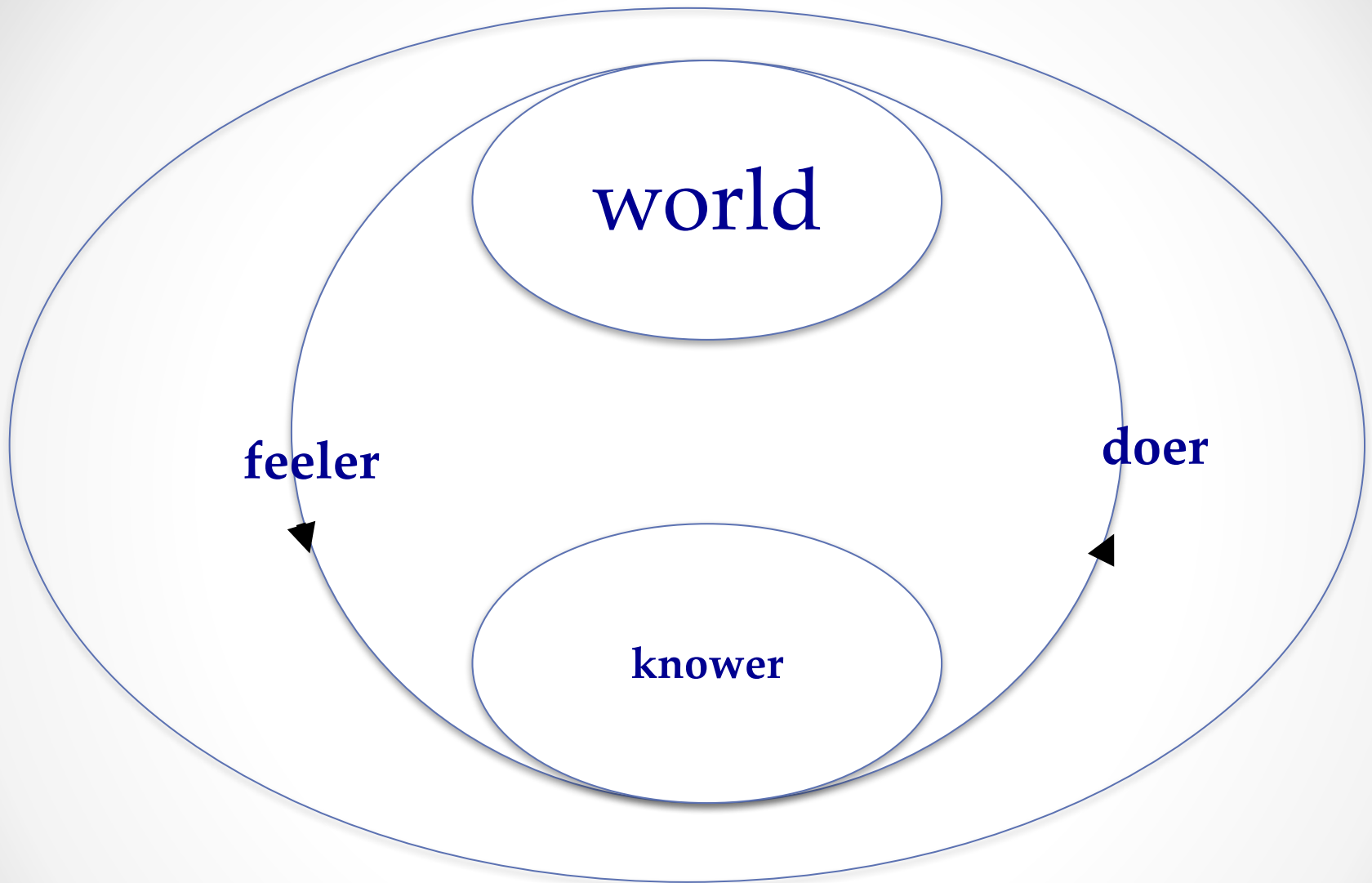
## Organismic Self subsystems







Something is missing ?

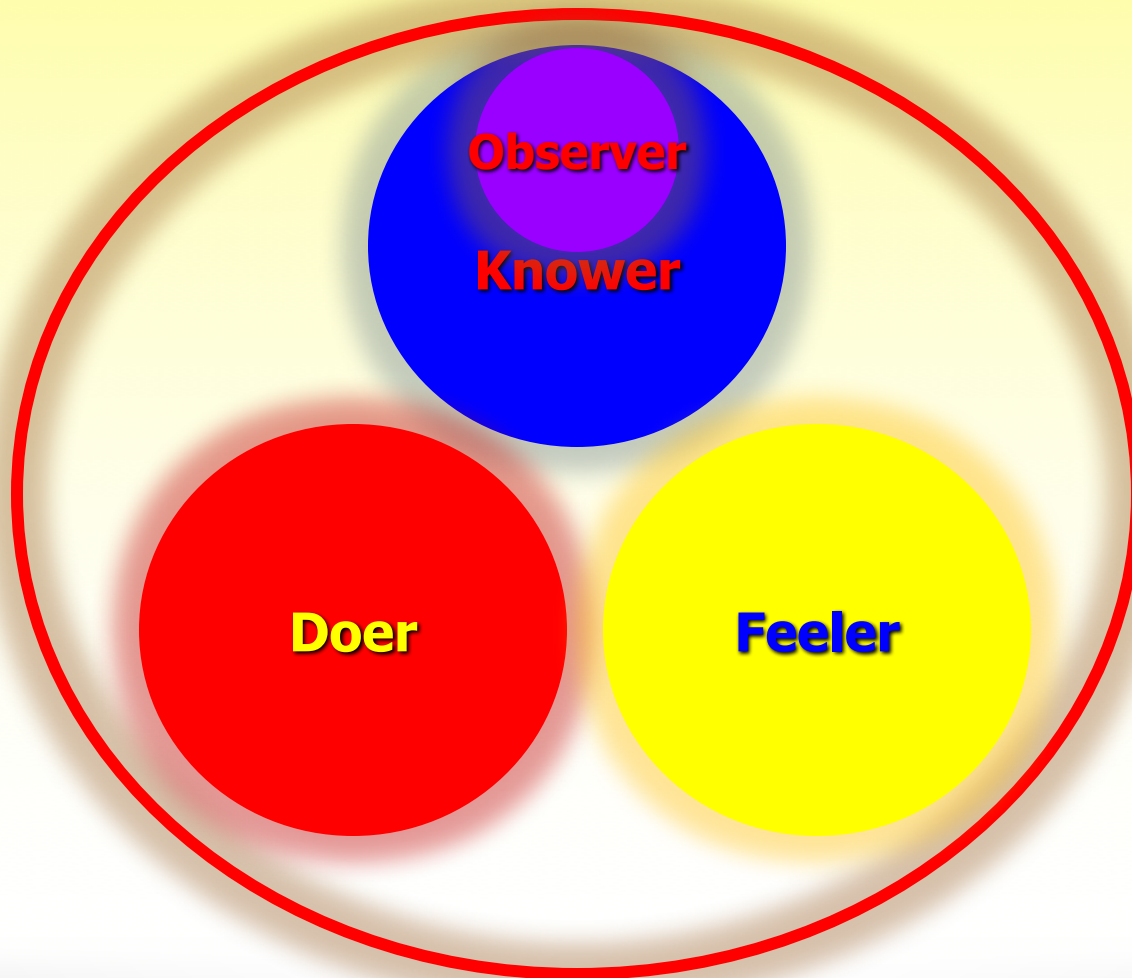


**The Observer**

# Organismic Triad

the ternary unit

Organismic Self subsystems



It is through observation that we first become aware of anything entering the circle of our experience. The content of sensations, perceptions, views, feelings, acts of will, dream and fantasy constructions, representations, concepts and ideas, illusions and hallucinations, the content of all of these is given to us through *observation*.

Steiner, R., (1995), Intuitive thinking as a spiritual path : philosophy of freedom, Anthroposophic Press, Inc. Hudson, N.Y. ,pg. 33

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# The Observer

- Thinking differs essentially, as an object of observation, from all other things.

Thinking differs essentially, as an object of observation, from all other things.

The observation of a table or a tree occurs for me as soon as the objects enter the horizon of my experience. But I do not observe my thinking about the objects at the same time as I observe them.

I observe the table, and I carry out my thinking about the table, but I do not observe that thinking in the same moment as my observation of the table.

Hence the first observation that we make about thinking is that it is the unobserved element in our normal spiritual life.



Steiner, R., (1995), Intuitive thinking as a spiritual path : philosophy of freedom, Anthroposophic Press, Inc. Hudson, N.Y. ,pg. 33

First attention  
I observe... the Moon

This is the characteristic nature of thinking. The thinker forgets thinking while doing it. What concerns the thinker is not thinking, but the observed object of thinking. *Thinkers* seek the laws of phenomena, striving to penetrate in thinking what they experience through observation.

Steiner, R., (1995), Intuitive thinking as a spiritual path : philosophy of freedom, Anthroposophic Press, Inc. Hudson, N.Y. ,pg. 33

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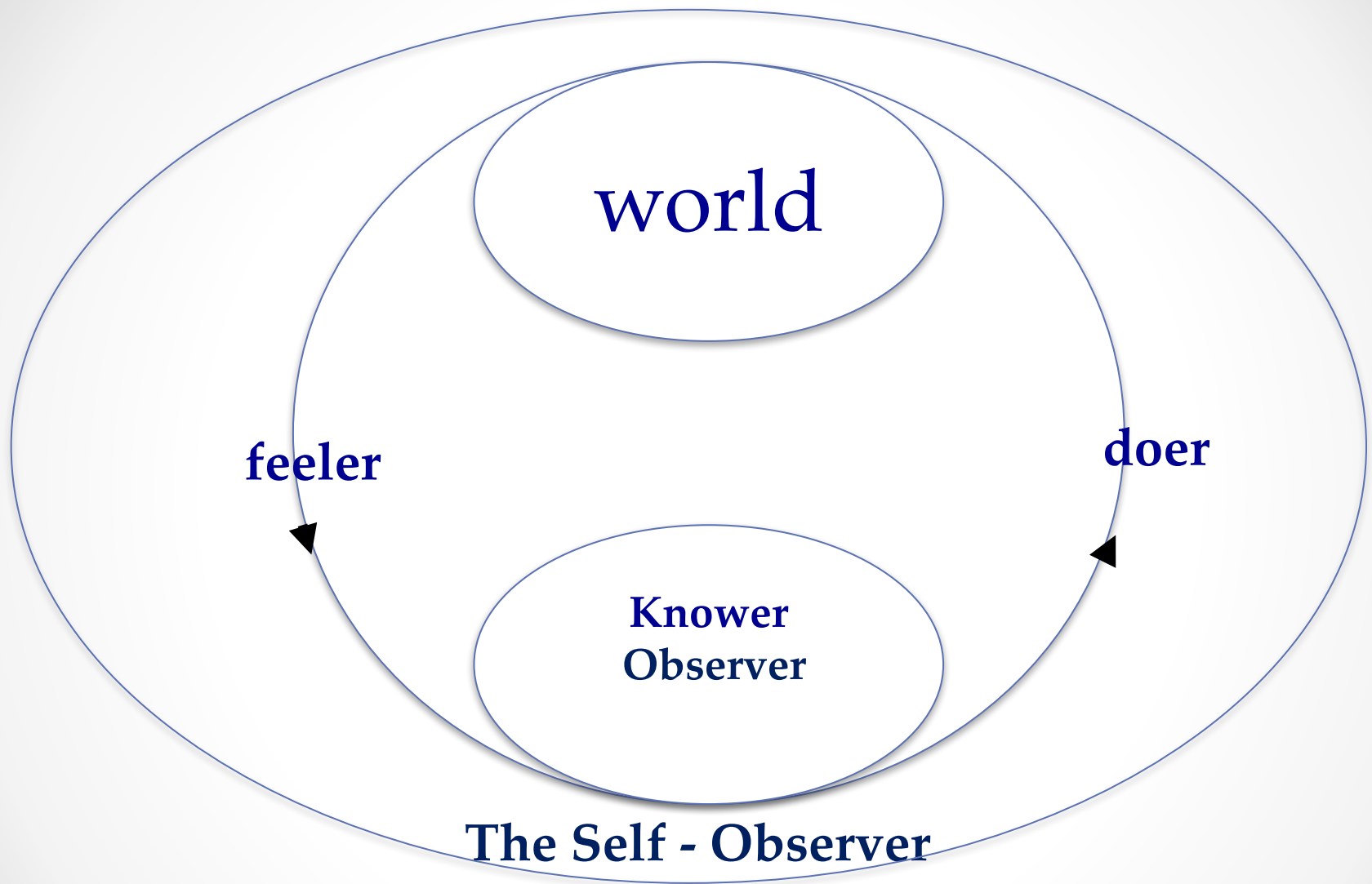
First attention  
I observe... the Moon  
World of Knowledge

Only when we have made the *world content* into our *thought content* do we rediscover the connection from which we have sundered ourselves. This goal is reached only when the tasks of scientific research are understood much more profoundly than often occurs. The whole relation between the I and the world that I have portrayed here meets us on the stage of history in the contrast between a unitary worldview, or *monism*, and a two-world theory, or *dualism*.

Steiner, R., (1995), Intuitive thinking as a spiritual path : philosophy of freedom, Anthroposophic Press, Inc. Hudson, N.Y. ,pg. 20

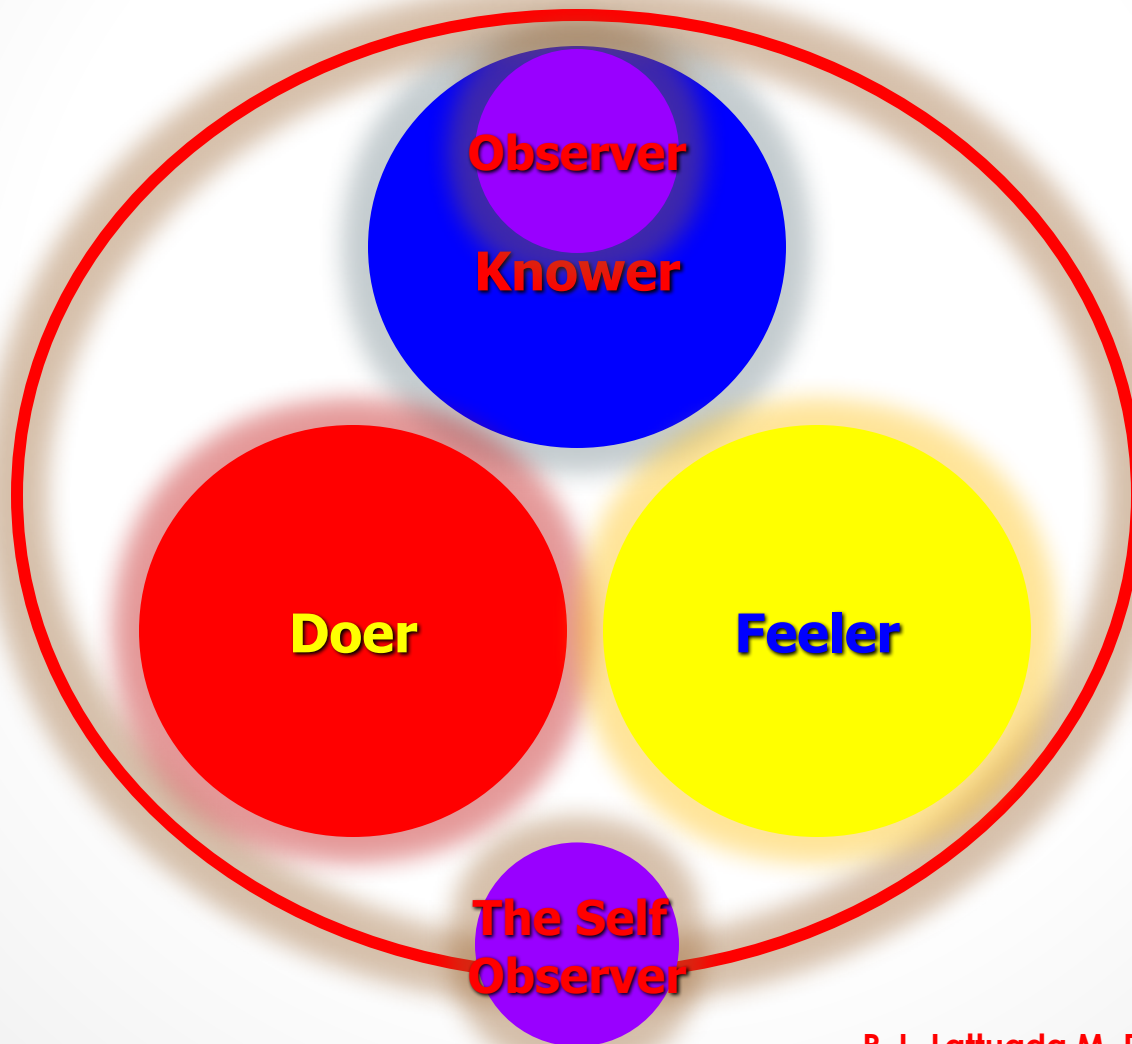
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# Something is missing?





# The Fourth element



But for everyone who has the capacity to observe thinking—and, with good will, every normally constituted human being has this capacity—the observation of thinking is the most important observation that can be made.

Steiner, R., (1995), Intuitive thinking as a spiritual path : philosophy of freedom, Anthroposophic Press, Inc. Hudson, N.Y. ,pg. 37

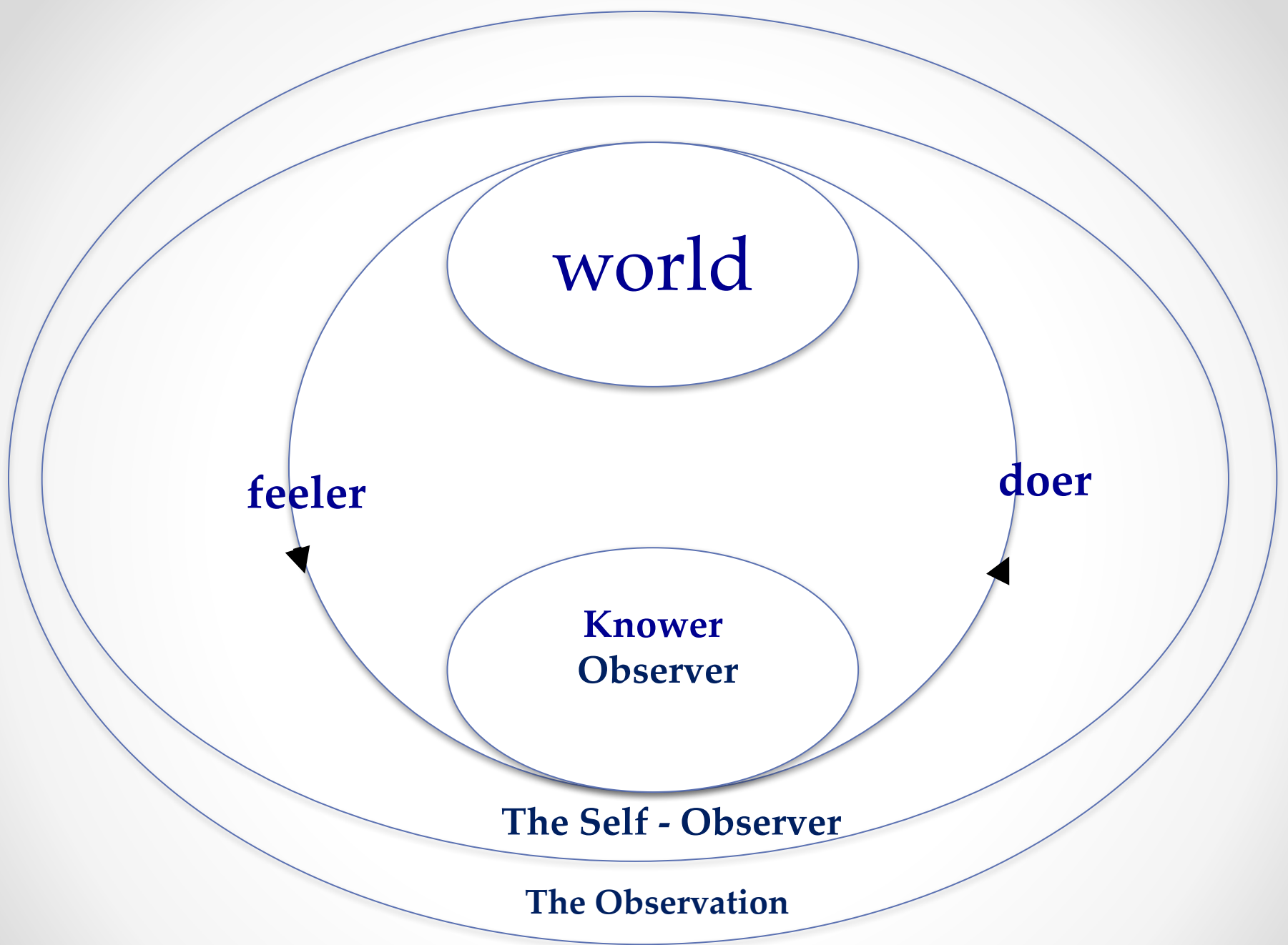


Second Attention  
I observe myself observing the moon  
World of Awareness

I'm not my thinking  
I'm not the observed object of thinking

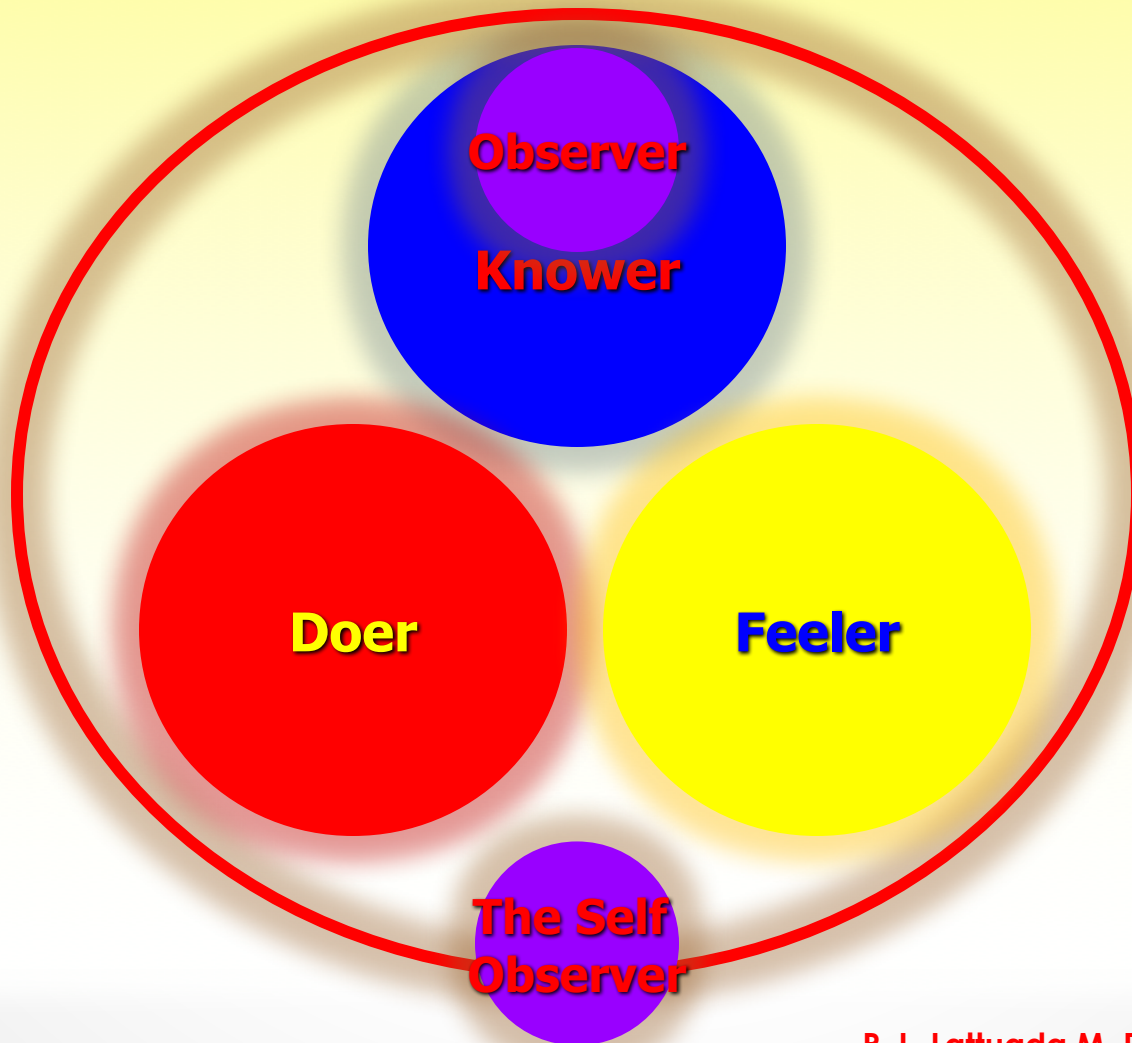
...

Something is missing?



# The Fifth element

## The Observation



The activity that human beings exercise as thinking beings is therefore not merely subjective, but it is a kind of activity that is neither subjective nor objective; it goes beyond both these concepts.

Steiner, R., (1995), Intuitive thinking as a spiritual path : philosophy of freedom, Anthroposophic Press, Inc. Hudson, N.Y. ,pg. 53



## Second Attention

The observation observe myself observing the moon  
World of Essence

The validity of “naive realism” for thinking follows necessarily from an unprejudiced observation of thinking; and that naive realism, which is invalid elsewhere, is overcome through knowledge of thinking's true essence.

Steiner, R., (1995), Intuitive thinking as a spiritual path : philosophy of freedom, Anthroposophic Press, Inc. Hudson, N.Y. ,pg. 96



## Second Attention

The observation observe myself observing the moon  
World of Essence

# Integral Transpersonal Thinking

Key words:  
Second Attention Epistemology  
Transe  
Organismic Self  
Transe learning  
Modo Ulteriore - Further Mode\*

\* Due the different translators and the dynamic of the creative process il Modo Ulteriore in previous writings has been translated with ulterior manner or ulterior mode.

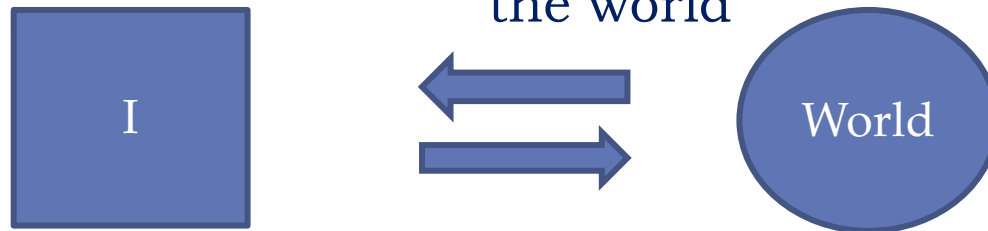


# The difference that makes the difference

- Thinking: creating beliefs
  - Wishful Thinking: being driven by beliefs
- Critical Thinking: making beliefs coherent with evidences
  - Lateral thinking: restructuring beliefs with creativity
- Intuitive Thinking: by passing beliefs
- Mindful Thinking: Observing beliefs
- Integral Transpersonal Thinking: Observing all the content of the organismic Self, state of consciousness, data of the word, data of the field

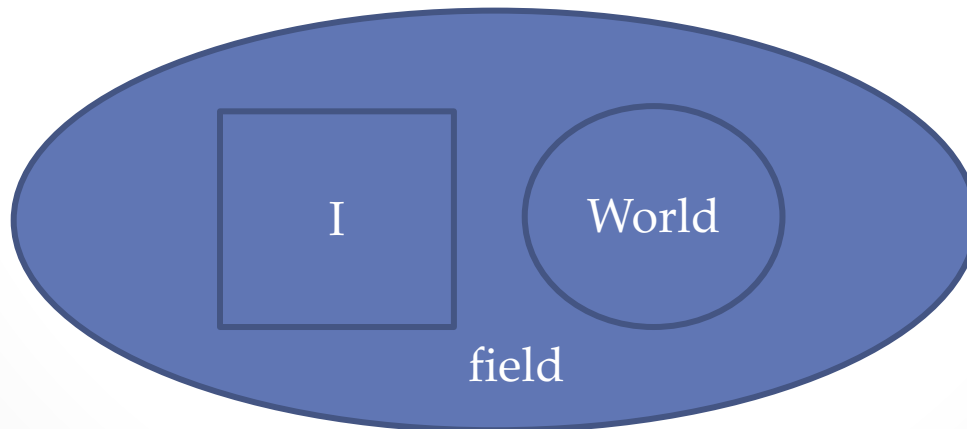
# Integral Transpersonal thinking Maps

- Critical, Lateral, Intuitive, Mindful, thinking lead with I and the world



- Integral Transpersonal Thinking (ITT) lead with I the world and the field

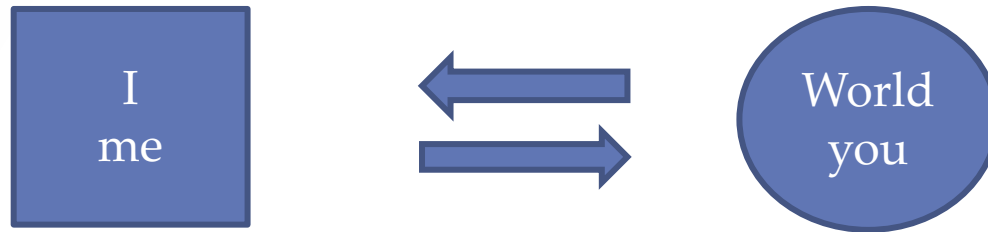
field



The Transe

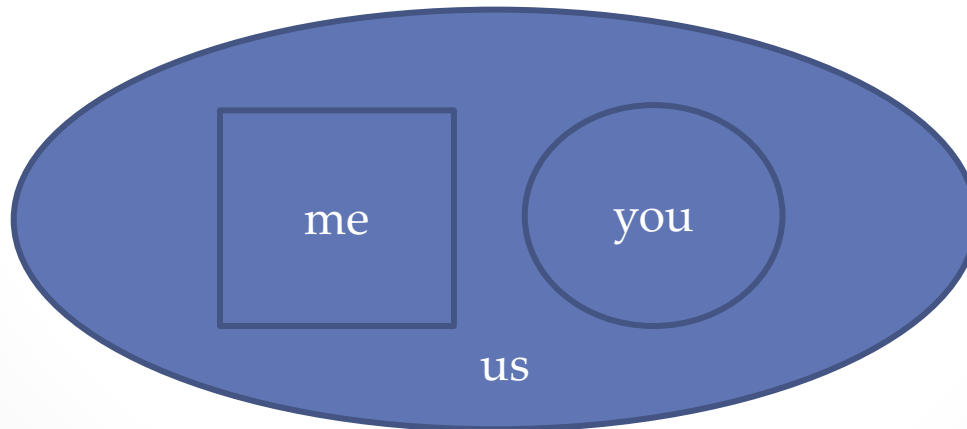
# Integral Transpersonal approach to thinking Maps

Unit of experience is not linear and dual



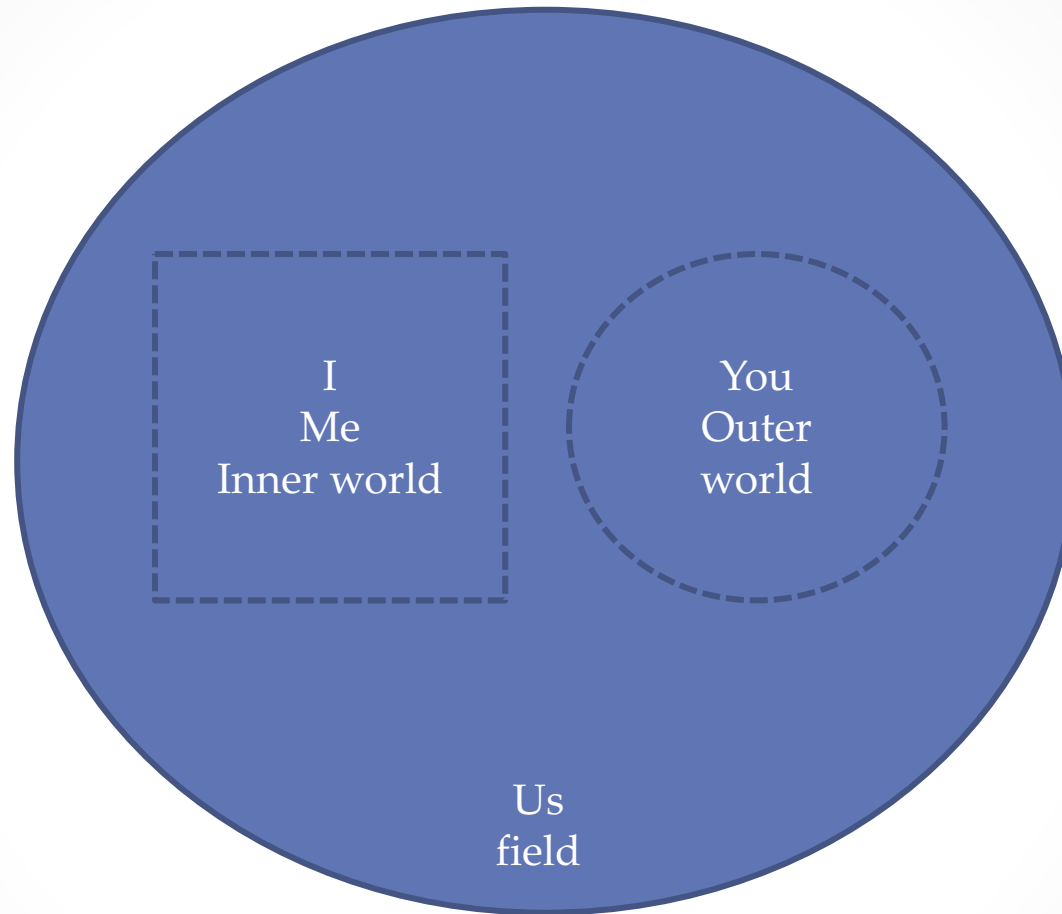
but circular and Triadic

field



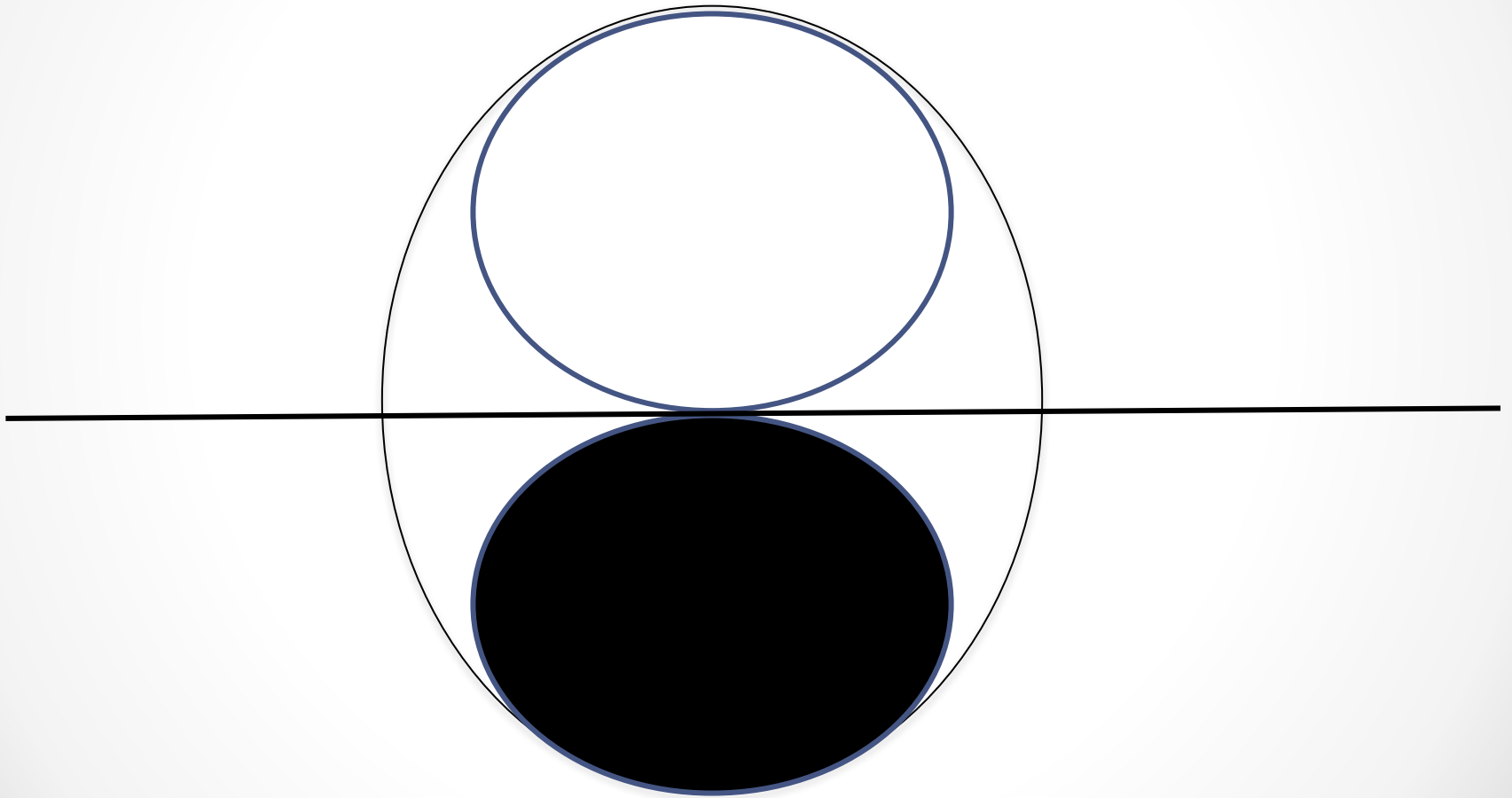
The Transe

# THE FIELD



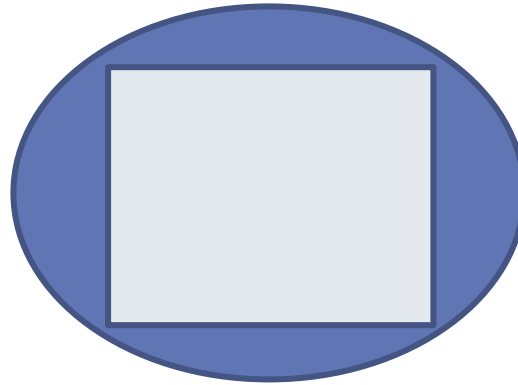
# The Further Mode

## Integral Transpersonal Thinking



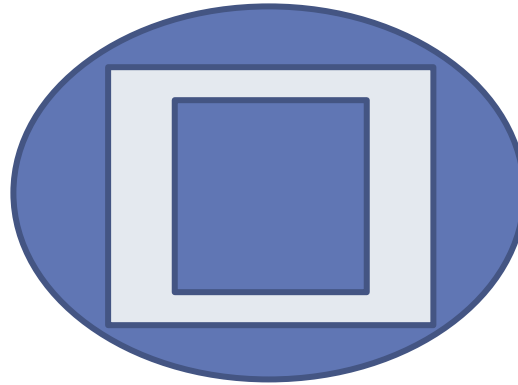
# Mindful Thinking

$A \neq B$



I observe myself observing  
Here and now

# Integral Transpersonal Thinking



$A \neq B \neq C \neq D$

I observe myself observing inner and outer facts, states of consciousness and the qualities of the field .  
(Observation observe myself observing inner and outer facts).

Here and now process to makes the two one

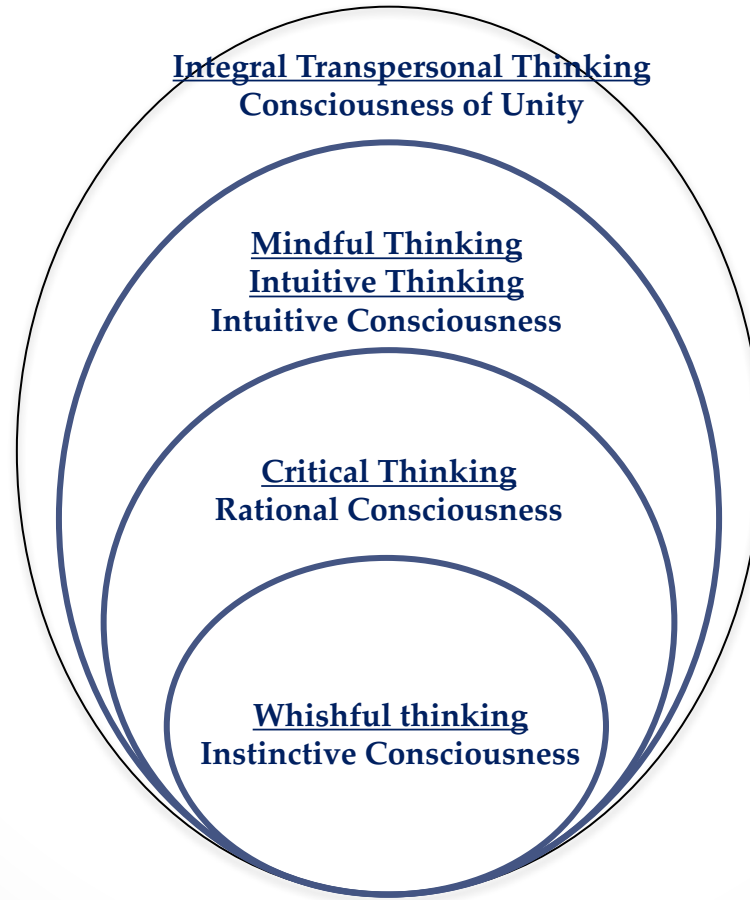
# What's ITT

## a “Further Mode” of knowing

- **Circular and triadic:**
- read the linear, dual relationship as a Transe (I, the World, the Field – me, you, it)
- **Systemic:**
- Consider Different States of consciousness, (World of Knowledge, World of Awareness, World of Essence)
- **Integral:**
- is a process that include all levels of Body-mind, Organismic Self (Physical, Energetics, Emotional, Mental, Spiritual)
- **Transpersonal:**
- Transcend and include dualities, works with the field, something that go beyond boundaries between me and you (I'm me, you are you, I'm you)



# Ways of Thinking



# Ways of Thinking

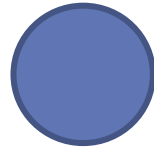
Logic

(I and data)



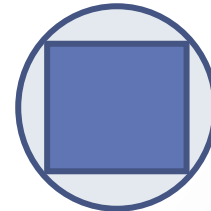
Analogic

(I and data and  
states of consciousness)



Further Mode

(I and data 1 and 2 and  
states of consciousness and the field)



# Integral Transpersonal Thinking

Data 1: ECE, Explicit Clinical Evidences



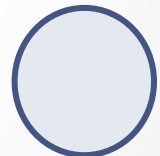
Data 2 : IEI, Implicit Clinical Inherences



States of Consciousness

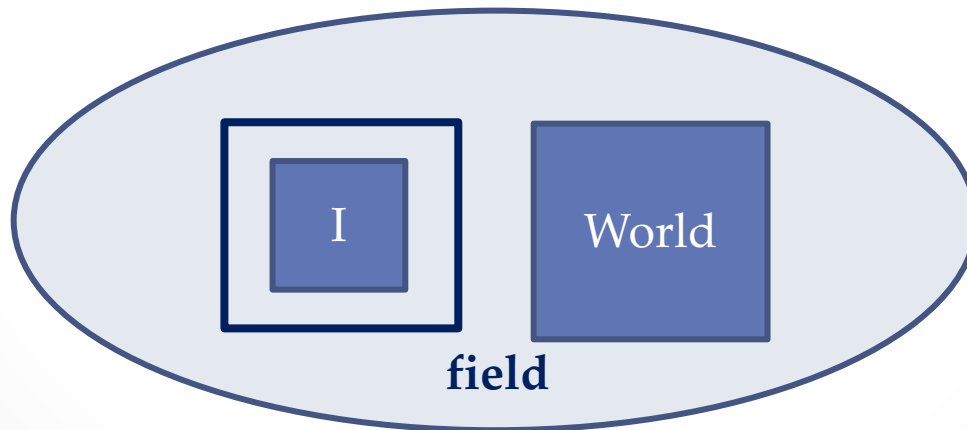


The Field: Essence



# Integral Transpersonal Thinking Maps

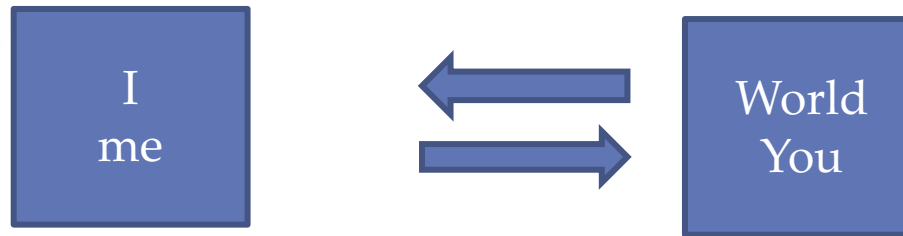
- Integral Transpersonal Thinking (ITT) lead with I the world the states of consciousness and the field



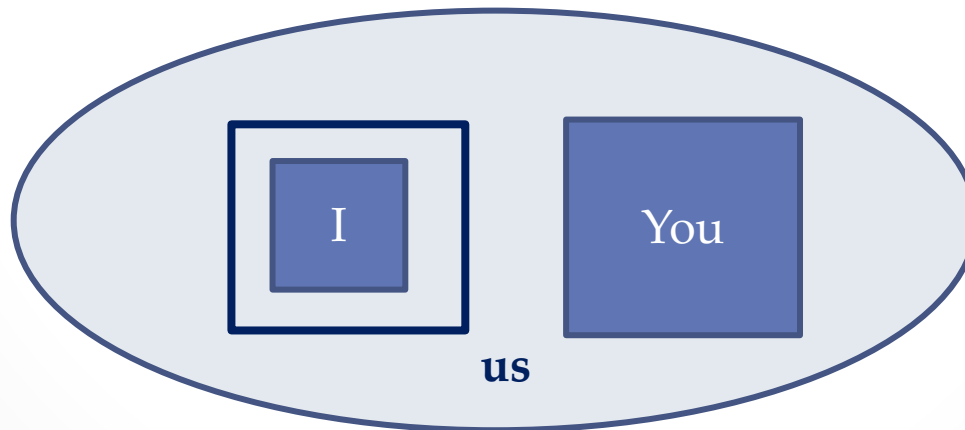
The Transe

# Integral Transpersonal approach to thinking Maps

Unit of experience is not linear and dual

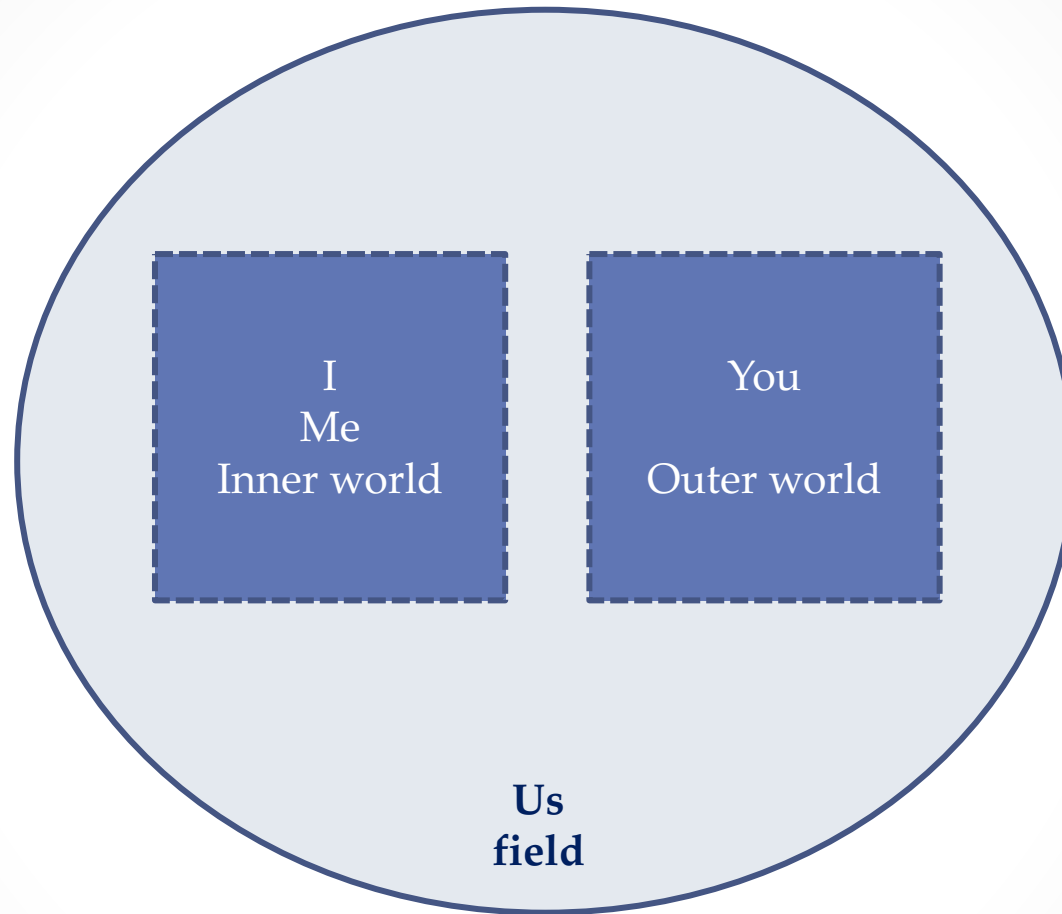


but circular and Triadic

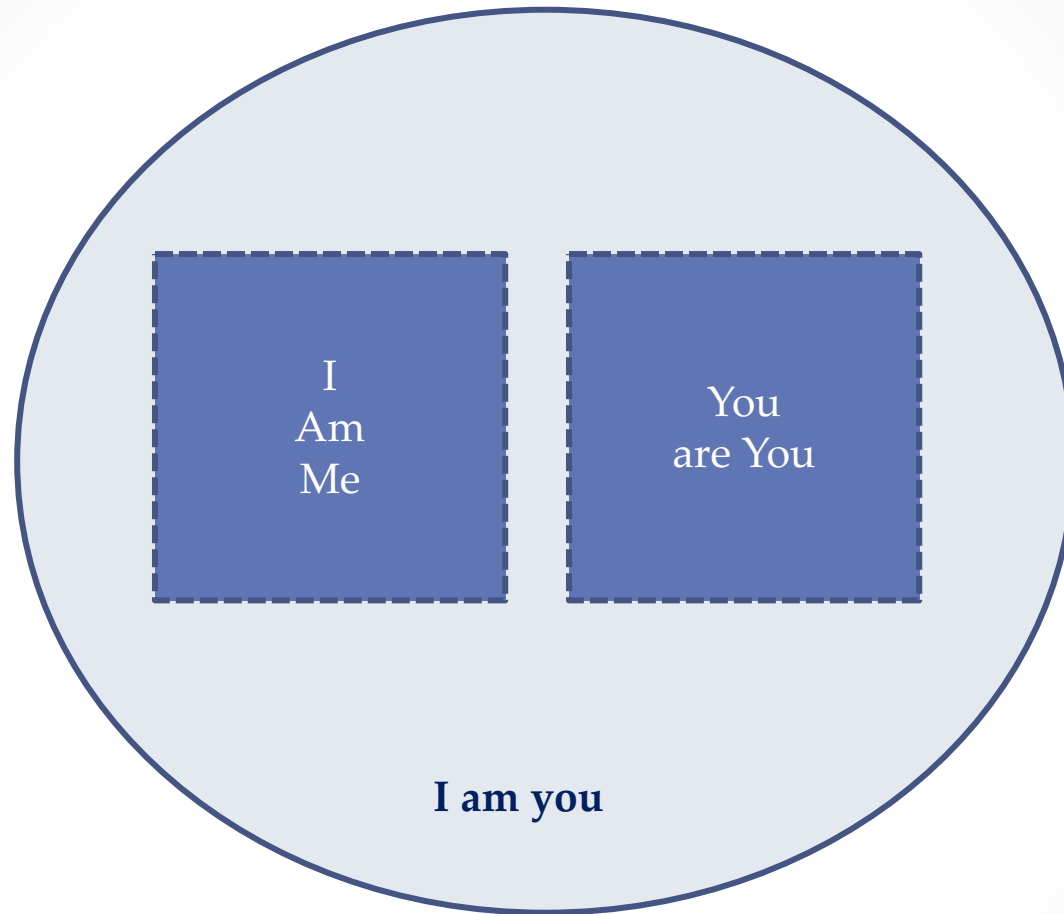


The Transe

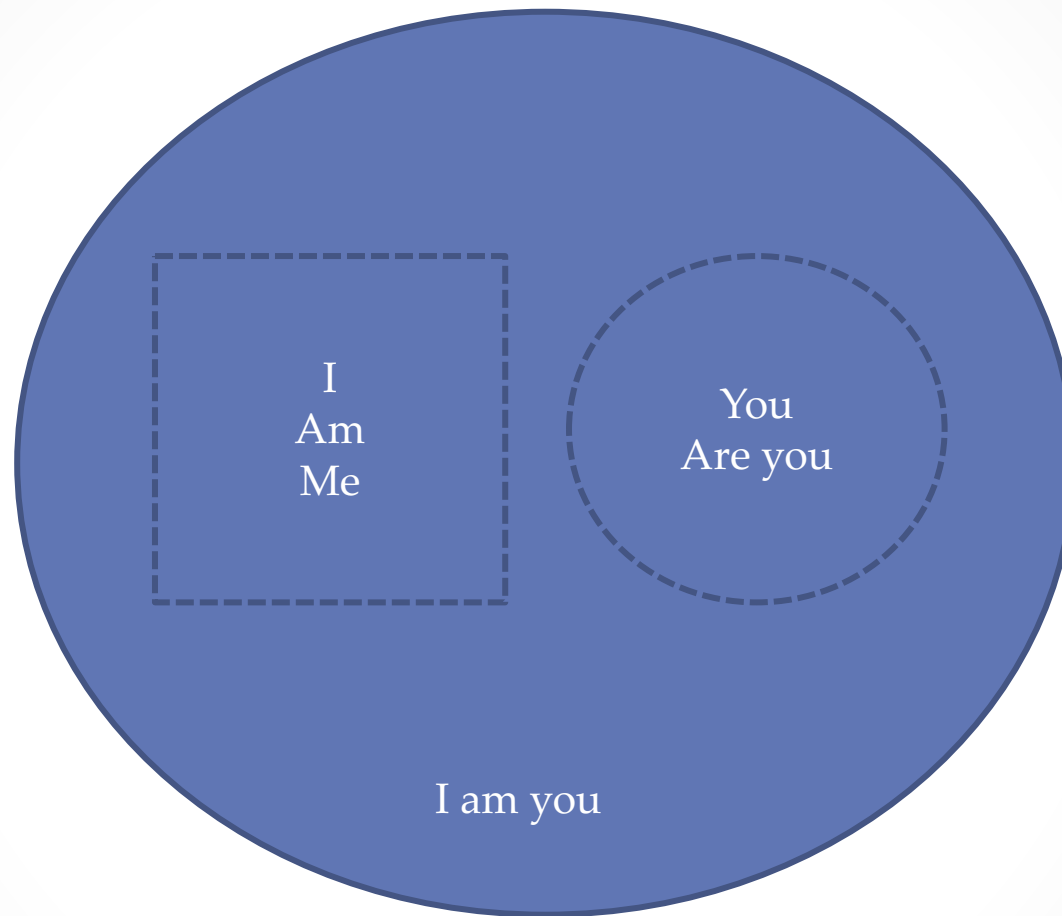
# THE FIELD



# THE TRANSE



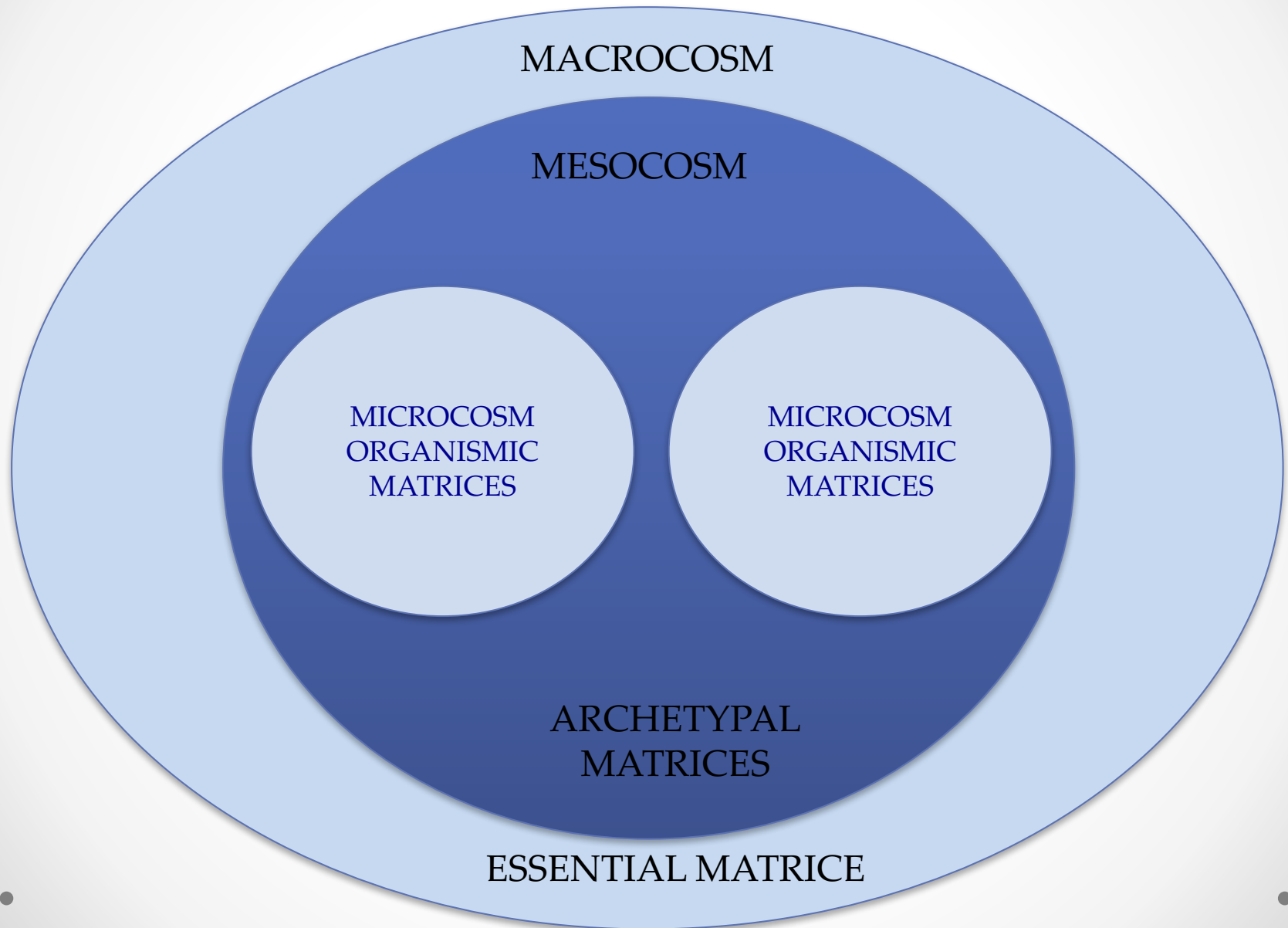
# THE TRANSE





# TRANSE

## The basic pattern



# Matrices

